Watch the video: <https://www.plannedparenthood.org/teens/my-body>

Open the Puberty link below the video and answer the following:

1. What are 4 changes that happen to a girl’s body during puberty?
2. What are 4 changes that happen to a guy’s body during puberty?
3. How does puberty affect emotions, mood, and thoughts?

<https://www.plannedparenthood.org/learn/sexual-orientation-gender/gender-gender-identity>

Define these terms:

1. Sex:
2. Gender:
3. Gender Identity: